



IT IS AN EXCITING TIME OF YEAR AT THE PRACTICE WITH LOTS GOING ON ACROSS THE BOARD!

We have plenty of foals on the ground, the flat racing season is well underway, the competition season is warming up and it's great to be working outside now we don't have to wear quite so many layers!

Many of you will know that Emma has very sadly sustained a broken leg after a kick. I am sure you will join me in wishing her all the best for a speedy recovery.

We normally see increasing numbers of laminitis at this time of year with the spring grass. Although modern drugs like the SGLT inhibitors, that help horses excrete more glucose in their urine have been a great help, there is still no substitute for pasture management. Strategies including strip grazing and using grazing muzzles which will also help reduce intake of the rich grass.

Below you will find details of our Laminitis and Equine Metabolic Syndrome (EMS) package, which we hope will help some of our at-risk patients. This is now launched and may be booked at the discounted price through the office 01722 741188 / Whatsapp 07572 167343/office@pinkhamequine.com

And to strengthen our commitment to supporting thoroughbreds leaving the racetrack for second careers as riding/competition horses, please also see below details of our Racehorse to Riding Horse package; bundling and discounting several insightful diagnostic services focussed on understanding some of the issues encountered with these equine athletes. This compliments our upcoming collaboration with Retraining of Racehorses (RoR) in June 2026 - details soon!

Thank you for your continued support of the practice. Pinkham Equine continues to support local clubs and shows and are planning some of our own events over the summer months. I look forward to seeing many of you then!

Best wishes,
Charlie

Charlie

LAMINITIS AND EMS PACKAGE 2026

- ✓ Visit to your yard/field
- ✓ Veterinary consultation, weigh tape/body condition scoring
- ✓ Sedation and front feet x-rays
- ✓ Blood sampling
- ✓ Laboratory tests for insulin and ACTH
- ✓ Formulation of bespoke management plan to decrease risk/effects of laminitis

This package of services is aimed at assessing your horse/pony's metabolic status to help to develop a plan of management to avoid the risk of laminitis developing. For those horses and ponies previously affected by laminitis, it is an opportunity to understand their current condition and uncover any underlying metabolic dysfunctions.

DISCOUNTED PACKAGE
PRICE OF £550.00 INC VAT.

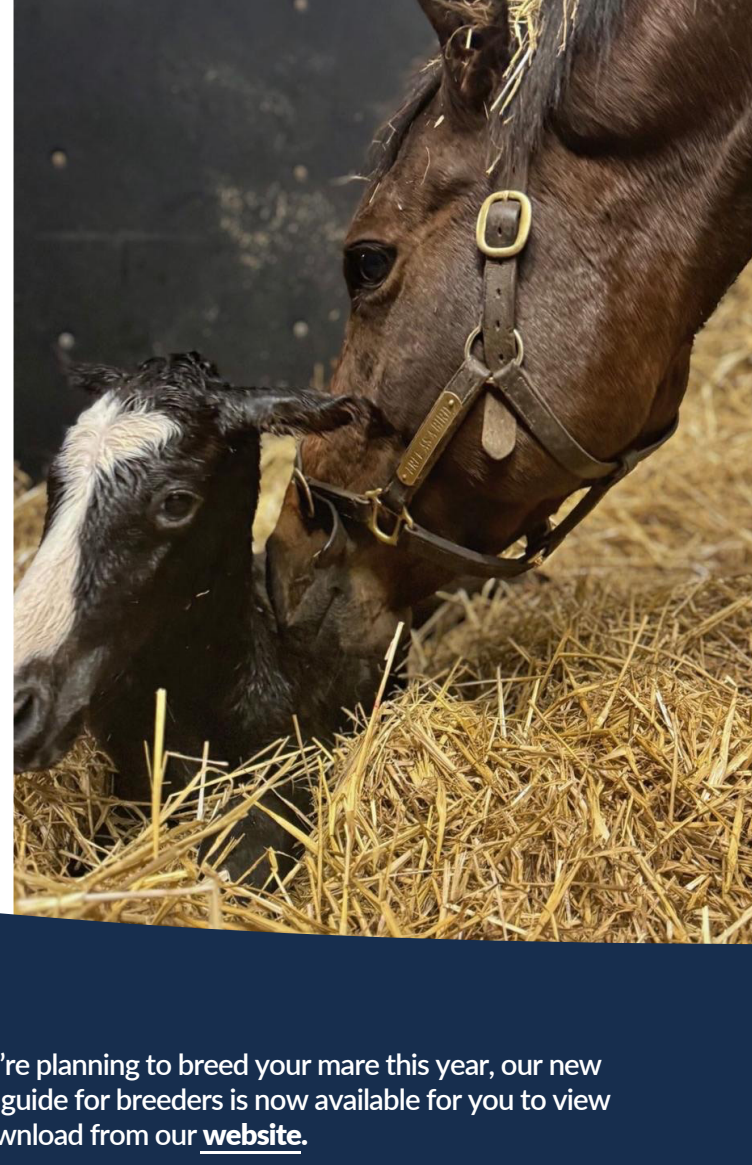


Click to download leaflet

CARE OF THE FOALING MARE

With the thoroughbred stud season kicking off to a great start for the Pinkham Equine TB clients, it won't be long before the sport horses start foaling. Pinkham Stud vet Sally Bainton has put together a very informative fact sheet on the foaling mare.

If you would like a copy sent out to you please do e-mail the office who will be more than happy to provide you one. If you have any questions/concerns our stud vets are always a phone call away, please don't hesitate to touch base with the office who will be able to get the best vet on the case for you! Photos of foals are always very welcome!



OUR 2026 BREEDING GUIDE IS NOW AVAILABLE

Click to download

If you're planning to breed your mare this year, our new 2026 guide for breeders is now available for you to view or download from our [website](#).

At Pinkham Equine Veterinary Services, I believe we have one of the best equine reproduction and youngstock teams in the country and whether it is looking after stallions, breeding your mares with chilled or frozen semen, or performing embryo transfer work, we look forward to working with you and your breeding stock this season.

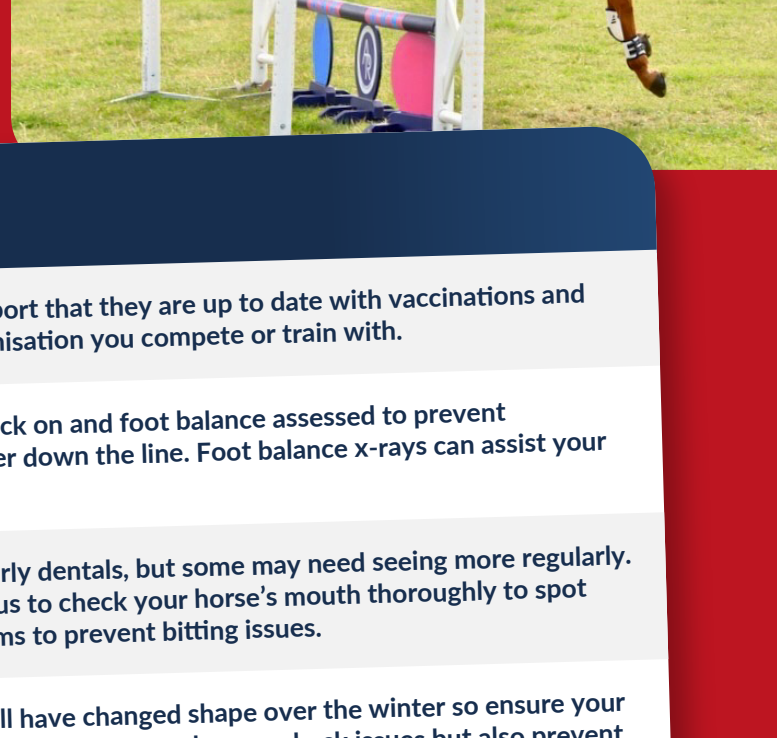
Our competitive pricing includes visit fees for all of our artificial insemination (AI) and embryo transfer (ET) schemes which are available either at your own premises, or in collaboration with our partner studs. Unlike some others we don't charge "in-foal" fees.

Please don't hesitate to call me on 07780111421, or a member of our veterinary team via the office if you would like to discuss your breeding options for this year. Please get in touch on 01722 741188, by WhatsApp on 07572 167343, or email us at office@pinkhamequine.com

Best regards,
Charlie

COMPETITION HORSE MOT!

As the days are (finally!) getting longer and the competition season is upon us, now is a good time to think about a pre-season MOT for your horse, to make sure they are fit, sound and fully prepared for the spring and summer ahead.



Pre-Season Checklist:

- ☒ VACCINES check your horse's passport that they are up to date with vaccinations and are in line with the organisation you compete or train with.
- ☐ FARRIER if shod, get shoes put back on and foot balance assessed to prevent imbalance injuries further down the line. Foot balance x-rays can assist your farrier with this.
- ☐ TEETH most horses require yearly dentals, but some may need seeing more regularly. Now is a good time for us to check your horse's mouth thoroughly to spot and address any problems to prevent biting issues.
- ☐ TACK it is likely your horse will have changed shape over the winter so ensure your saddle still fits. Ill-fitting tack can not only cause back issues but also prevent correct muscle development.
- ☐ SOUNDNESS CHECK it is a good idea to get your vet out to assess your horse for any signs of lameness and asymmetry before starting any hard work. Spotting issues and addressing them early, even if they may currently seem small and insignificant, may prevent more serious problems down the road and set you up for a long and successful competition season. We can also assist with preventative treatments and therapies to elongate your horse's competitive career.

FITNESS PLAN

If your horse has had time off, bringing them back into work slowly and carefully is of utmost importance to prevent future problems. Before getting back on, it is wise to make sure they are sound and have no lumps bumps or niggles that may be exacerbated by an increase in workload.

Do

- ✓ Start by walking on hard flat surfaces or even walking in hand if your horse has had a significant amount of time off e.g. for an injury.
- ✓ In time, incorporate hill work and raised poles to build up muscle and top line.
- ✓ Gradually increase the workload (speed and intensity) over the course of a few weeks. The time frame will depend on the length of time your horse has been off, age, previous injuries etc. If you would like assistance with an individual fitness plan, please do get in touch and one of our vets would be happy to help.

Don't

- ✗ Avoid doing circles and putting too much pressure on your horse whilst they begin to build up muscle and fitness - this can be introduced further down the line once they are able to support themselves and the rider properly.
- ✗ Rush! Doing too much too quickly can lead to injuries that may take much longer to heal than if you had taken things steady. Remember, the time you put in now will pay off when you want to get out and about in later in the year.

The Pinkham Equine team would be more than happy to assist you with any pre-season questions or concerns you may have, don't hesitate to get in touch!

RoR Retraining of Racehorses®

RACEHORSE TO RIDING HORSE PACKAGE 2026



Click to download leaflet

- ✓ Visit to your yard/field
- ✓ Veterinary consultation including performance and behavioural issues
- ✓ Sedation
- ✓ Spine x-rays
- ✓ Front feet x-rays
- ✓ Gastroscopy
- ✓ Formulation of bespoke management plan to maximise your enjoyment of your ex-racer

This package of services is aimed at helping thoroughbred riding horses with the very commonly encountered physical problems often seen when a racehorse becomes a riding/competition horse, including gastric ulcers, kissing spines and poor foot balance/conformation.

DISCOUNTED PACKAGE
PRICE OF £550.00 INC VAT.

SPOTLIGHT

TEAM POLO OUTING!



The team at Pinkham Equine had a very exciting 'Christmas do' on 29th January 2026!

We delayed our festive celebration so that our Antipodean returners, Beka and Amber, could join in the fun. We are all beyond grateful to the fabulous team (and lovely ponies) at Druids Lodge Polo Club for very patiently teaching us the basic skills required to play polo. We all had a fantastic time and definitely caught the bug! Team Pinkham Polo in the making?

Unfortunately, vet Rich had to rush off to an emergency, but we will be sure to get him on a pony next time!

For anybody considering having a go we can highly recommend Druids' 'Introduction to Polo' experience. It was suitable for our vast range of ages and riding abilities and everyone ended the session wearing a huge smile!

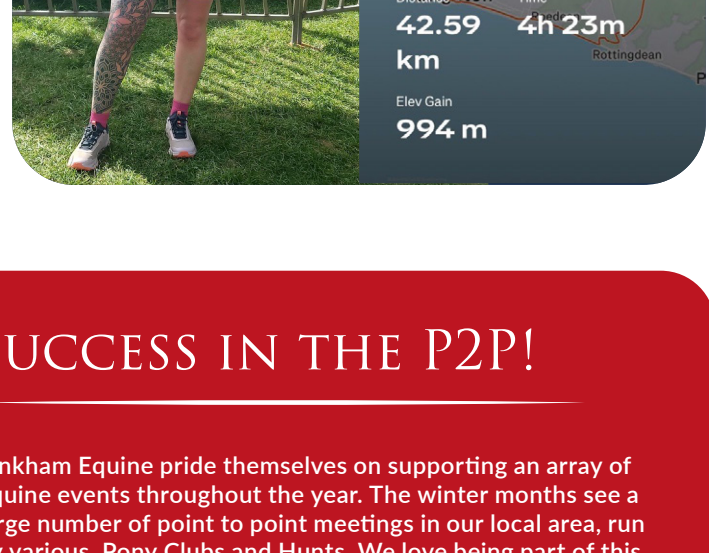
Druids Lodge Polo Club and horse livery near Salisbury, Wiltshire

MARATHON!

MAVERICK BRIGHTON TRAIL

On Sunday the 12th April, Pinkham Equine nurse Charlotte took on the challenge of completing her first marathon. For reasons only known to Charlotte herself she decided to take on this challenge over the South Downs, so not only was there 42.2km of distance to cover, but also 900m of elevation to tackle!

The last 2 months of early morning runs around the surrounding villages have thankfully paid off though. With Charlotte completing the trail marathon in a time of 4hrs23 and coming 257th out of 1253 runners. The training doesn't end there with Southampton half marathon in less than 3 weeks!



SUCCESS IN THE P2P!

Pinkham Equine pride themselves on supporting an array of equine events throughout the year. The winter months see a large number of point to point meetings in our local area, run by various Pony Clubs and Hunts. We love being part of this countryside pursuit and showing our support by sponsoring and attending many, including the New Forest Bloodhounds, Portman, the Countryside Alliance and the Royal Artillery. We are looking forward to supporting and attending plenty of P2Ps next year. We would also like to extend a thank you to the excellent hospitality we receive at these events, hopefully plenty more next winter!